

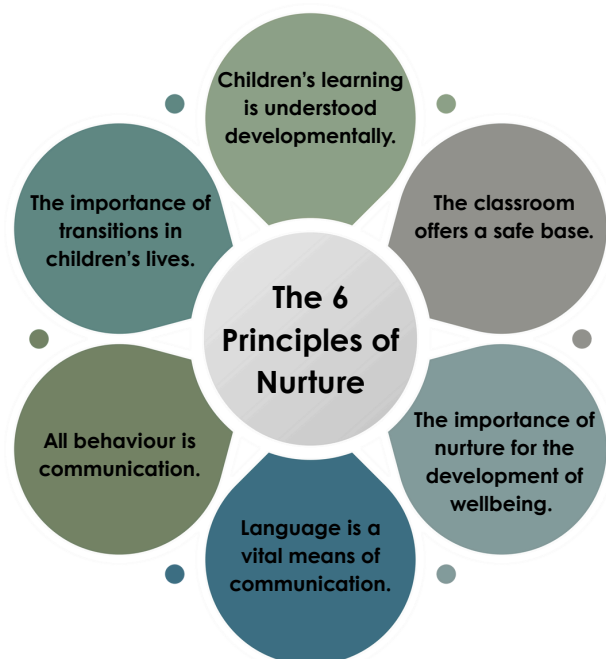
What is Treetops Nurture group?

Treetops is a special place where we learn, share, and grow together. In our small group, we listen to stories, play games, and work as a team to build our confidence and feel good about ourselves.

We learn how to:

- ✔ Talk about our feelings and listen to others
- ✔ Keep trying, even when things feel tricky
- ✔ Show love, friendship, and forgiveness
- ✔ Find peace inside and be thankful for what we have
- ✔ Talk to others confidently
- ✔ Improve our relationships and social skills

Everything we do in Treetops helps us to grow stronger, braver, and more ready to learn back in our classrooms.



What do we do in Treetops Nurture group?

At Treetops, we provide a safe and nurturing space where children can grow in confidence, resilience, and emotional well-being. Rooted in the Six Principles of Nurture, our sessions focus on communication, self-esteem, and positive relationships, helping children to flourish both personally and academically.

Through book-based learning, creative activities, and teamwork, children are encouraged to explore their feelings, develop social skills, and build learning behaviours that transfer into the classroom.



The Nurture Nest is a calm, welcoming space nestled in the forest. It is a place of belonging where children can pause, reflect and reconnect with themselves and others.

