



Christ Church CE Primary School



*'Train up a child in the way they should go and when they are old,
they will not depart from it.' Proverbs 22:6*

KSI: Year One Curriculum Overview		
Autumn	Spring	Summer
Fundamentals Fundamentals 1 - Moving and Dodging Fundamentals 2 - Jumping and Skipping Fundamentals 3 - Space, Balance and Landing	Gymnastics Travelling, Rolling, Balancing, Jumping Dance YogaDance (3 sessions)	Ball Skills Fundamentals 4 - Throwing, Catching and Kicking Ball Games Beanstalk Game (Fundamentals 5)