Christ Church CE Primary School
Physical Education Assessment

'Train up a child in the way they should go and when they are old, they will not depart from it.'
Proverbs 22:6

<table>
<tr><td>Upper KS2
Y5/6</td><td colspan="2">Unit: Athletics</td></tr>
<tr><td></td><td colspan="2">Core Curriculum Content:</td></tr>
<tr><td>Knowledge and understanding</td><td colspan="2">Expected

Pupils can:
• I can run fast, medium and slow speeds, changing speed and direction.
• I can take part in a relay activity; remembering when to run and what to do, staying in a lane/area.
• I can make up and repeat a short sequence of linked jumps.
• I can throw a variety of implements including bean bags, balls, discuss, javelin.
• I can make some suggestions on how to improve my performance and performance of others.
• I can show confidence and self-esteem.
• I can enjoy participating in athletics
I can encourage others to participate</td></tr>
<tr><td>Pupils</td><td colspan="2"></td></tr>
<tr><td>Knowledge and understanding</td><td>Working Towards
Children can perform some of these objecives.
Pupils can:

• I can run fast, medium and slow speeds, changing speed and direction.
• I can take part in a relay activity; remembering when to run and what to do, staying in a lane/area.
• I can make up and repeat a short sequence of linked jumps.
• I can throw a variety of implements including bean bags, balls, discuss, javelin.
• I can make some suggestions on how to improve my performance and performance of others.
• I can show confidence and self-esteem.
• I can enjoy participating in athletics
I can encourage others to participate</td><td>Greater Depth
Children can complete most objectives with independence and confidence.

Pupils can:

• I can run fast, medium and slow speeds, changing speed and direction.
• I can take part in a relay activity; remembering when to run and what to do, staying in a lane/area.
• I can make up and repeat a short sequence of linked jumps.
• I can throw a variety of implements including bean bags, balls, discuss, javelin.
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<tr><td>Pupils</td><td></td><td></td></tr>
<tr><td colspan="3">Pupils with additional needs have made the following responses .....</td></tr>
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