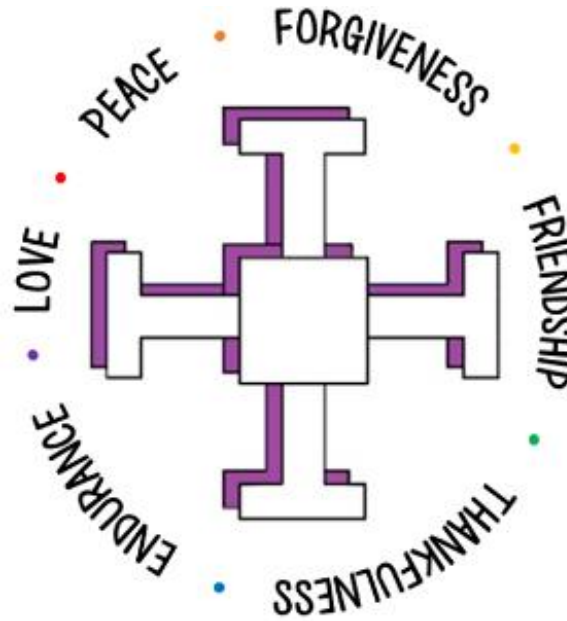


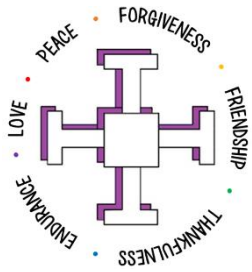
Christ Church CE Primary School



PE Long Term Planning

'We value all children as unique 'Children of God' and welcome them into our safe, loving and supportive Christ Church family. We endeavour to use nurture to encourage individuals to flourish and aspire to reach their God given potential. We rejoice in our rich diversity and our broad, balanced curriculum provides opportunities for all to achieve excellence, open minds and inspire dreams both now and the future.'

Achieving excellence, opening minds, inspiring dreams, creating futures.

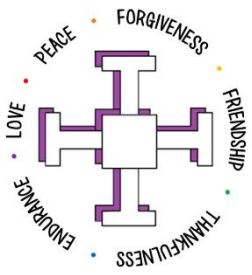


Christ Church CE Primary School



*'Train up a child in the way they should go and when they are old,
they will not depart from it.'* Proverbs 22:6

EYFS Reception Curriculum Overview		
Autumn	Spring	Summer
Gymnastics (4-5) Travelling, Rolling, Balancing, Jumping	Dance Under the Sea, Dinosaurs, Construction Transport and Machines	Mini-monkey adventures Collecting, Running, Carrying, Balance, Throwing



Christ Church CE Primary School

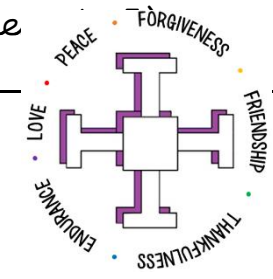


*'Train up a child in the way they should go and when they are old,
they will not depart from it.'* Proverbs 22:6

KSI: Year One Curriculum Overview		
Autumn	Spring	Summer
<p>Fundamentals</p> <p>Fundamentals 1 - Moving and Dodging</p> <p>Fundamentals 2 - Jumping and Skipping</p> <p>Fundamentals 3 - Space, Balance and</p>	<p>Gymnastics</p> <p>Travelling, Rolling, Balancing, Jumping</p> <p>Dance</p> <p>YogaDance (3 sessions)</p>	<p>Ball Skills</p> <p>Fundamentals 4 - Throwing, Catching and Kicking</p> <p>Ball Games</p> <p>Beanstalk Game (Fundame</p>

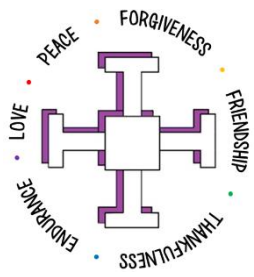


Christ Church CE Primary School



*'Train up a child in the way they should go and when they are old,
they will not depart from it.'* Proverbs 22:6

KSI: Year Two Curriculum Overview		
<i>Autumn</i>	<i>Spring</i>	<i>Summer</i>
<p><i>Fundamentals (6-7)</i></p> <p><i>Fundamentals 1 - Moving, Running and Jumping</i></p> <p><i>Fundamentals 2 - Throwing and Catching</i></p>	<p><i>Gymnastics (6-7)</i> <i>Travelling, Rolling, Balancing, Jumping</i></p> <p><i>Dance (6-7)</i> <i>Creative Combat (3 lesson)</i></p>	<p><i>Game Skills</i></p> <p><i>Fundamentals 3 - Invasion skills</i></p> <p><i>Fundamentals 4 - Striking and Fielding</i></p> <p><i>Fundamentals 5 - Bat and Racquet skills</i></p>

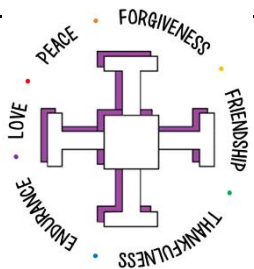


Christ Church CE Primary School

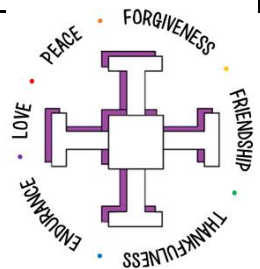
'Train up a child in the way they should go and when they are old, they will not depart from it.' Proverbs 22:6



KS2: Year Three Curriculum Overview		
Autumn	Spring	Summer
<p><i>Invasion Games Part I (7-8)</i> Movement, Sending, Receiving, Evasion</p> <p><i>Pilates</i> Building Core Strength</p>	<p><i>Gymnastics</i> Travelling, Rolling, Balancing, Jumping and Equipment</p> <p><i>Striking and Fielding - Rounders</i> Throwing, Catching, Batting and Bowling</p>	<p><i>Swimming</i> Chn to be able to swim 25 metres by the end of Y6</p> <p><i>Athletic activities</i> Running, Jumping and Throwing.</p>

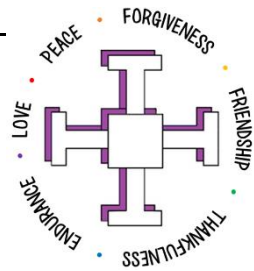


Christ Church CE Primary School

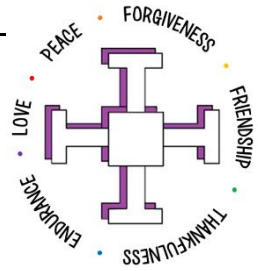


*'Train up a child in the way they should go and when they are old,
they will not depart from it.'* Proverbs 22:6

KS2: Year Four Curriculum Overview		
Autumn	Spring	Summer
<p><i>Invasion Games 1 (8-9)</i> Movement, Sending, Receiving, Evasion</p> <p><i>Dance</i> Samba Carnival (3 lessons) Streetjazz (3 lessons)</p>	<p><i>Gymnastics (8-9)</i> Travelling, Rolling, Balancing, Jumping and Equipment</p> <p><i>Net & Wall Games</i> Positioning, Movement, Shot Techniques</p>	<p><i>Swimming</i> Chn to be able to swim 25 metres by the end of Y6</p> <p><i>Athletic Activities</i> Running, Jumping and Throwing.</p>



Christ Church CE Primary School



'Train up a child in the way they should go and when they are old,

they will not depart from it.' Proverbs 22:6

KS2: Year Five Curriculum Overview		
Autumn	Spring	Summer
<p><i>Invasion Games 1 and 2 (9-10)</i> <i>Movement, Passing, Receiving, Defending</i></p>	<p><i>Gymnastics (9-10)</i> <i>Travelling, Rolling, Balancing, Jumping and Equipment.</i></p> <p><i>Dance</i> <i>Urban Freestyle (3 sessions)</i> Or <i>Hip Hop 1 (3 sessions)</i></p>	<p><i>Swimming</i> <i>Chn to be able to swim 25 metres by the end of Y6</i></p> <p><i>Striking an Fielding - Cricket</i> <i>Batting, Bowling & Fielding</i></p>



Christ Church CE Primary School



'Train up a child in the way they should go and when they are old, they will not depart from it.' Proverbs 22:6

KS2: Year Six Curriculum Overview

Autumn

Spring

Summer

Invasion Games 1 and 2 (10-11)
Movement, Passing, Receiving,
Defending

Gymnastics
Travelling, Rolling, Balancing,
Jumping and Equipment

Pilates
Building Core Strength

Swimming
Chn to be able to swim 25 metres by
the end of Y6

Net & Wall
Tennis - Positioning, Movement, Shot
Technique