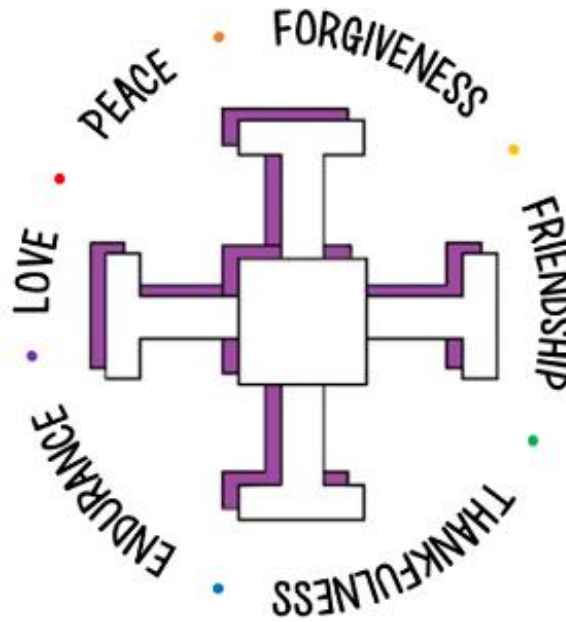


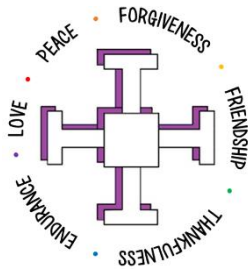
Christ Church CE Primary School



PE Long Term Planning

'We value all children as unique 'Children of God' and welcome them into our safe, loving and supportive Christ Church family. We endeavour to use nurture to encourage individuals to flourish and aspire to reach their God given potential. We rejoice in our rich diversity and our broad, balanced curriculum provides opportunities for all to achieve excellence, open minds and inspire dreams both now and the future.'

Achieving excellence, opening minds, inspiring dreams, creating futures.

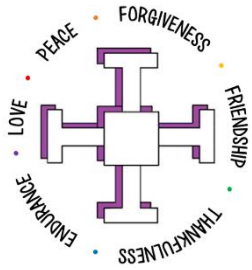


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EYFS Reception Curriculum Overview		
Autumn	Spring	Summer
<p><i>Gymnastics (4-5)</i></p> <p><i>Travelling, Rolling, Balancing, Jumping</i></p>	<p><i>Dance</i></p> <p><i>Under the Sea, Dinosaurs, Construction Transport and Machines</i></p>	<p><i>Mini-monkey adventures</i></p> <p><i>Collecting, Running, Carrying, Balance, Throwing</i></p>



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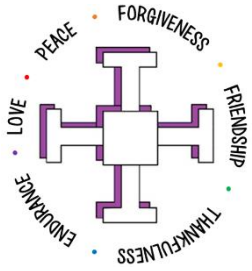
KSI: Year One Curriculum Overview		
Autumn	Spring	Summer
<p>Fundamentals</p> <p>Fundamentals 1 - Moving and Dodging</p> <p>Fundamentals 2 - Jumping and Skipping</p> <p>Fundamentals 3 - Space, Balance and Landing</p>	<p>Gymnastics</p> <p>Travelling, Rolling, Balancing, Jumping</p> <p>Dance</p> <p>YogaDance (3 sessions)</p>	<p>Ball Skills</p> <p>Fundamentals 4 - Throwing, Catching and Kicking</p> <p>Ball Games</p> <p>Beanstalk Game (Fundamentals 5)</p>



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KSI: Year Two Curriculum Overview		
Autumn	Spring	Summer
<p>Fundamentals (6-7)</p> <p>Fundamentals 1 - Moving, Running and Jumping</p> <p>Fundamentals 2 - Throwing and Catching</p>	<p>Gymnastics (6-7)</p> <p>Travelling, Rolling, Balancing, Jumping</p> <p>Dance (6-7)</p> <p>Creative Combat (3 lesson)</p>	<p>Game Skills</p> <p>Fundamentals 3 - Invasion skills</p> <p>Fundamentals 4 - Striking and Fielding</p> <p>Fundamentals 5 - Bat and Racquet skills</p>

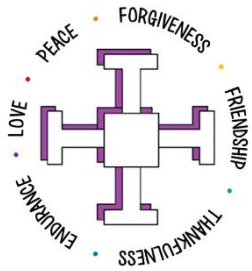


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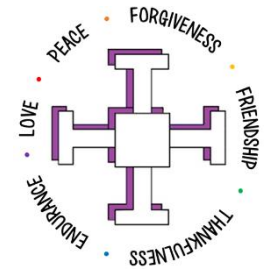


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<i>KS2: Year Three Curriculum Overview</i>		
<i>Autumn</i>	<i>Spring</i>	<i>Summer</i>
<p><i>Invasion Games Part 1 (7-8)</i></p> <p><i>Movement, Sending, Receiving, Evasion</i></p> <p><i>Pilates</i></p> <p><i>Building Core Strength</i></p>	<p><i>Gymnastics</i></p> <p><i>Travelling, Rolling, Balancing, Jumping and Equipment</i></p>	<p><i>Striking and Fielding</i></p> <p><i>Throwing, Catching, Batting and Bowling</i></p> <p><i>Athletic activities</i></p> <p><i>Running, Jumping and Throwing.</i></p>



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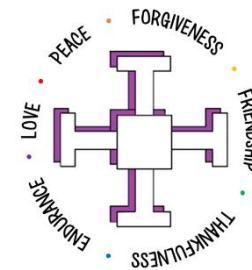


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KS2: Year Four Curriculum Overview		
Autumn	Spring	Summer
<p><i>Invasion Games 1 (8-9)</i></p> <p><i>Movement, Sending, Receiving, Evasion</i></p> <p><i>Dance</i></p> <p><i>Samba Carnival (3 lessons)</i></p> <p><i>Streetjazz (3 lessons)</i></p>	<p><i>Gymnastics (8-9)</i></p> <p><i>Travelling, Rolling, Balancing, Jumping and Equipment</i></p>	<p><i>Net & Wall Games</i></p> <p><i>Positioning, Movement, Shot Techniques</i></p> <p><i>OAA</i></p> <p><i>Teamwork, Exploration and Navigation</i></p>

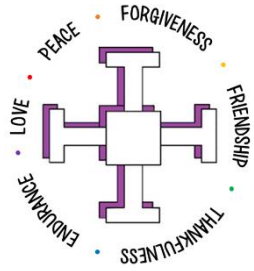


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KS2: Year Five Curriculum Overview		
<i>Autumn</i>	<i>Spring</i>	<i>Summer</i>
<p><i>Invasion Games 1 and 2 (9-10)</i></p> <p><i>Movement, Passing, Receiving, Defending</i></p>	<p><i>Gymnastics (9-10)</i></p> <p><i>Travelling, Rolling, Balancing, Jumping and Equipment.</i></p> <p><i>Dance</i></p> <p><i>Urban Freestyle (3 sessions)</i> <i>Or</i> <i>Hip Hop 1 (3 sessions)</i></p>	<p><i>Striking an Fielding</i></p> <p><i>Cricket - Batting, Bowling & Fielding</i></p> <p><i>Athletics</i></p> <p><i>Running, Jumping, Throwing & Relays</i></p>



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KS2: Year Six Curriculum Overview		
Autumn	Spring	Summer
<p><i>Invasion Games 1 and 2 (10-11)</i></p> <p><i>Movement, Passing, Receiving, Defending</i></p>	<p><i>Gymnastics</i></p> <p><i>Travelling, Rolling, Balancing, Jumping and Equipment</i></p> <p><i>Pilates</i></p> <p><i>Building Core Strength</i></p>	<p><i>Net & Wall</i></p> <p><i>Tennis - Positioning, Movement, Shot Technique</i></p> <p><i>OAA</i></p> <p><i>Delegating, Performing & Problem Solving</i></p>