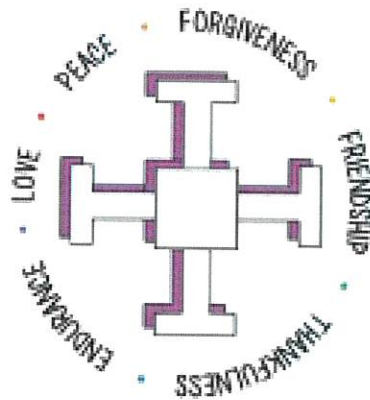


## Christ Church CE Primary School



'Train up a child in the way he should go and when he is old, he will not depart from it.' Proverbs 22:6

### **PE Policy**

As a church school, Christ Church CE Primary School is committed to Physical Education.

'We value all children as unique 'Children of God' and welcome them into our safe, loving and supportive Christ Church family. We endeavour to use nurture to encourage individuals to flourish and aspire to reach their God given potential. We rejoice in our rich diversity and our broad, balanced curriculum provides opportunities for all to achieve excellence, open minds and inspire dreams both now and the future'.

**PE Co-ordinator – Miss Chapman (Year 4 Teacher)**

### **Overview**

Physical Education (PE) contributes to the overall education of all children by helping them to lead full and valuable lives through engaging in purposeful and high-quality activity. It promotes active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. PE enables children to learn confidence, perseverance, team spirit, positive competitiveness and organisation. Children must engage in a programme of PE that encourages fitness, improves their strength and teaches them the rules of games. PE is an integral part of school practices allowing all children

in the school to gain a sense of achievement and develop positive attitudes towards themselves and others.

### **Vision**

Our vision for P.E. fits in to the vision for school, as at Christ Church CE Primary School it is our intent to nurture and develop the whole child. The mission statement sets out our rationale for life and work in school with reference to; the high quality of education and opportunities we offer our pupils. The commitment, concern and care shown to the whole community involved with the school through a strong sense of Christian values. The high expectations we have of all in whatever task we undertake. We believe that every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that, through all the sporting opportunities and physical activity we offer, the children will potentially develop a love and passion for sport and continue this into their later lives.

### **Aim**

Our aim is to improve and increase the quality and quantity of PE & physical activity for all children, to show how PE & physical activity can enhance childrens' attainment and achievement and to create pathways for them to continue to be active beyond school. We will be developing our links to outside agencies and clubs which will help to generate positive interaction in the community.

We also aim to ensure the profile of PE, sport & physical activity is raised across the school as a tool for whole-school improvement.

We are striving towards improving delivery of the teaching & learning of PE in order to promote participation, progress and performance.

'High quality PE and school sport produces young people with the skills, understanding, desire and commitment to continue to improve and achieve in a range of PE, sport and health enhancing physical activities in line with their abilities' (DCMS Learning through PE & Sport).

Our school recognises the impact that the provision of a high quality PE and school sport curriculum has on the whole school and that it can lead to whole school improvements. 'Developing pupil's personal qualities through PE can affect their attitudes towards school and learning. When PE and school sport provision is of the highest quality, all pupils will, to the best of their abilities, develop and demonstrate the following personal qualities:

- A strong desire to learn & make progress;
- High levels of dedication, attendance and involvement in PE and school sport;
- High levels of commitment to PE and school sport;
- Good levels of positive behaviour such as politeness, fair play and helpfulness; and
- High levels of enjoyment and enthusiasm and a strong desire to get involved.' (DCMS Learning through PE & Sport)

### **Funding**

Schools receive PE and sport premium funding based on the number of pupils in years 1 to 6. This funding must be used to make additional and sustainable improvements to the quality of PE and sport we offer.

We use the premium to:

- Develop or add to the PE and sport activities that we already offer;
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.

There are 5 key indicators that we should expect to see improvement across:

- the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school;
- The profile of PE and sport is raised across the school as a tool for whole-school improvement;
- Increased confidence, knowledge and skills of all staff in teaching PE and sport;
- Broader experience of a range of sports and activities offered to all pupils;
- Increased participation in competitive sport.

### **Teaching sequence in PE**

In PE, like all other subjects, we recognise the importance of the methods and practice of teaching (the pedagogy) we choose to use in enabling pupils to know more, understand more and remember more. In PSHE, the following approaches will be used, and be evident in pupil discussion, observations and work in books, in order to ensure that the PE learning opportunities and

skill development are as effective as possible and that pupils progress throughout the year and across year groups during their art experiences in school:

<b>Teaching sequence in PE</b>	Step 1 - 'The Big Picture' – setting the PE learning that is about to take place within the chronology of pupils PE learning and skill development to date. Starting with what the children know, understand, are able to do and able to say.
	Step 2 - Review most recent learning in PE.
	Step 3 - Specify key vocabulary to be used and its meaning
	Step 4 – Specify key skills to that are going to be used in the session.
	Step 5 - Provide opportunities for the children to work interactively
	Step 6 - Provide opportunities for children to critically review their own work and that of others
	Step 7 - Individual reflection on the learning and skill development that has taken place.

### **Participation/expectations**

Our aim is to engage ALL children in regular physical activity as recommended by the chief medical officer. ALL children are expected to take part in their timetabled 2 hours of physical activity every week unless they are deemed medically unfit or injured. Our PE Kit is as follows:

INDOOR/OUTDOOR – Purple t-shirt, black shorts and trainers/pumps.

For long hair a bobble must be worn

No jewellery of any description.

### **Reasonable adjustments in PE**

As a curriculum leader in PE, I recognise the importance to ensure that children with identified Special Educational Needs and/or Disabilities have access to an ambitious PE curriculum. Within the curriculum area of PE SEND children will be provided with reasonable adjustments through their tasks and level of challenge provided. Advice can be sought from the school's SENDCO where applicable.

## **Resources**

Our school sporting facilities include a hall, field and playground. We also have a forest area used for orienteering. We have a variety of playtime equipment including hoops, balls and skipping ropes. We have a vast array of balls, beanbags, bibs and other equipment to help us teach good quality lessons and activity sessions.

## **Training and safeguarding**

One of our aims is to continue to increase confidence, knowledge and skills of all staff in teaching PE and sport.

We have a great link called Streetly Academy who help support staff throughout the year. Staff are also fully trained in all aspects of safeguarding and child welfare and understand how to identify and report any concerns they may have.

## **Health and safety**

Our PE equipment is regularly maintained and is inspected annually by Wakefield Authority. We have a certificate to show the inspection date. All teaching staff check their PE equipment is safe and appropriate to use for each lesson. Staff have had Training in Safe Practice and work alongside the PE leader to identify Risks & Hazards. Any condemned or dangerous equipment is reported and disposed of immediately to avoid injury.

## **Role of PE co-ordinator**

The PE Co-ordinator works alongside other PE co-ordinators in our cluster and the head teacher to ensure that PE, Sport & Physical Activity within the school is of high quality and that we are improving what we do from year to year.

The PE Co-ordinator role includes:

- Supporting colleagues in all aspects of the curriculum
- Reporting updates to the head teacher & staff
- Keeping staff up to date
- Ordering new equipment
- Monitoring (with assistance from the head teacher) the PE funding
- Ensuring areas for lessons are safe
- Organising CPD for all staff

- Ensuring staff are following procedures such as PE Rewards
- Ensuring staff are delivering consistently high quality PE lessons through learning walks and observations
- Updating the school website.
- Ensure the relevant documents are on the website e.g. development plan and impact statement.

### **Differentiation**

Pupils will start from many different ability levels and it is important to keep them all enthused and challenged. We acknowledge students as individuals who learn in different ways and plan for differentiation by setting suitable learning challenges for all. Here, at Christ Church, we follow the STEAP principle when incorporating differentiation.

#### **Space:**

More or less space/playing area.

#### **Time:**

Go faster or slower.

#### **Equipment:**

Modify or change equipment.

#### **Activity:**

Change the task within the activity.

#### **People:**

Change the group size.

### **Assessment**

By implementing a monitoring & reviewing assessment system of PE, we can measure the impact and progress of the quality & provision within our school, which will lead to overall whole school improvement.

AfL is carried out every lesson at the start and end of the lesson by teachers or other trained members of staff. This determines knowledge at the start; gives children the information about what they have to do to improve and then evaluates their progress at the end of the lesson.

Formal assessment takes place at the end of every half term for the activity/s that have been undertaken. Staff are expected to complete these documents and relay the information to parents/carers.

### **Extra-curricular sports**

In our endeavour to increase participation, we offer a wide range of extra-curricular opportunities for our pupils.

Clubs typically run from 3:15pm – 4:15pm.

All clubs have structured training sessions led by confident or specialist staff in that sporting area.

A full timetable detailing the day each sports club runs, along with a calendar of events for competitions and fixtures can be found on the noticeboard outside the office. We also send information out to parents.

Children must take a letter to take part in a club and return a signed consent form. There is no cost.

Extra-Curricular Activities include:

- Football
- Dodgeball
- Multi-skills KS1 and KS2
- Dance
- Gymnastics

### **Sporting events**

Our school takes part in numerous sporting events both within school time and outside of school time. In order to do these events safely we complete a full risk assessment.

The teacher ratio is compliant with the local authority guidelines and all staff are responsible for the children at the event.

Children will be fully informed with a letter of all details regarding the event and consent from parent / guardian must be obtained prior to the event occurring along with photographic consent. Parents are responsible for ensuring that the children come fully prepared by reading the detail in the letter. Staff must ensure things such as medication are taken with them on the coach.

Signed:



Head Teacher

Date: February 2024

Next Review: February 2026