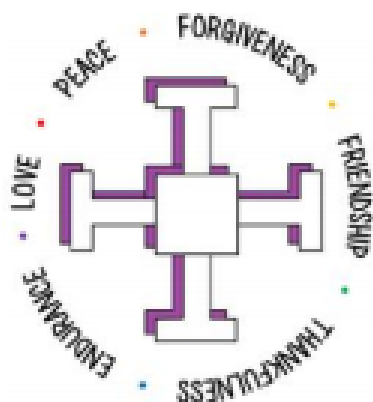


# Christ Church CE Primary School



*'Train up a child in the way he should go and when he is old, he will not depart from it.'* Proverbs 22:6

## Intent, implement and impact

As a church school, Christ Church CE Primary School is committed to Physical Education.

*'We value all children as unique 'Children of God' and welcome them into our safe, loving and supportive Christ Church family. We endeavour to use nurture to encourage individuals to flourish and aspire to reach their God given potential. We rejoice in our rich diversity and our broad, balanced curriculum provides opportunities for all to achieve excellence, open minds and inspire dreams both now and the future'.*

PE Co-ordinator - Miss Chapman (Year 4 teacher)

## Intent

Christ Church CE Primary School recognises the value of Physical Education (P.E). We fully adhere to the aims of the national curriculum for physical education to ensure that all children:

- Develop competence to excel in a broad range of physical activities;
- Engage in competitive sports and activities;
- Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve high levels of performance;
- Have and maintain high levels of physical fitness;
- Lead a healthy lifestyle which is achieved by eating sensibly;
- Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
- Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others;
- Are able to improve their own and others' performance;
- Can work independently for extended periods of time without the need for guidance or support;
- Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport;
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.

## Intent for each phase of school

### Reception

At 4-5 years, children will be introduced to a variety of activities which will be a positive and enjoyable experience. They will start to build their fundamental movement skills and learn how to work in their own safe space.

### Year 1

At 5-6 years, children will be encouraged to improve their control and coordination and develop their movement skills.

### Year 2

At 6-7 years, the children will be given many opportunities to develop hand-eye coordination using lots of different pieces of equipment and to follow instructions in simple games.

### Year 3

At 7-8 years, children will be given opportunities to play a wide variety of small sided games and work in small groups to enable them to practice their skills in a broad range of situations.

### Year 4

At 8-9 years, children will be encouraged to be more independent whilst still working as part of a small group or team.

### Year 5

At 9-10 years old, children will be encouraged to use more specific language and take on more challenges including leading and coaching others.

## Year 6

At 10-11 years, children will be encouraged to create longer sequences of movements, focus on technique and take on more challenges including leading and coaching others.

## Implement

P.E is taught at Christ Church CE Primary School as an area of learning in its own right as well as integrated where possible with other curriculum areas. It is taught at a minimum of one PE session a week.

We teach lessons so that children:

- Have fun and experience success in sport
- Have the opportunity to participate in P.E at their own level of development
- Secure and build on a range of skills
- Develop good sporting attitudes
- Understand basic rules
- Experience positive competition
- Learn in a safe environment
- Have a foundation for lifelong physical activity, leaving primary school as physically active.

The PE coordinator is given an additional three planning days per year on top of their PPA to plan their curriculum.

As part of this planning process the PE coordinator:

- Develops medium and long term plans, which carefully plan for progression and depth;
- Aids staff in half termly assessments, in relation to their current topic area, which assesses each child in accordance with the National Curriculum.
- Ensures all staff are providing high quality sessions through challenging and reflective questioning during each lesson.

## Impact

P.E is taught as a basis for lifelong learning, where the children have access to a wide range of activities in the belief that, if taught well and the children are allowed to succeed, then they will continue to have a physically active life. A high-quality physical education curriculum inspires all children to succeed and excel in competitive sport and other physically demanding activities. At Christ Church, we provide opportunities for children to become physically confident in a way that supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as love, peace, forgiveness, friendship, thankfulness and endurance.