



# Christ Church CE Primary School

*'Train up a child in the way he should go and when he is old, he will not depart from it.'* Proverbs 22:6

## The Graduated Response for Mental Health & Wellbeing

### Introduction

*This document is to provide a coordinated approach to meeting the emotional health and wellbeing of children within Christ Church CE Primary. The school recognises that the emotional health and wellbeing, is everyone's responsibility, for the staff, pupils and their parents/carers.*

*All staff members support the school, The Headteacher and the Senior Leadership Team, SENDCo and pastoral team with an approach, which is embedded within the school's culture and ethos, to ensure everyone has a positive impact and opportunity for their wellbeing.*

*All staff members take responsibility for identifying pupils who may be "struggling". Class teachers are supported by the Senior Leadership Team to identify the early signs of issues that could affect the mental health and wellbeing of the pupils of the school. This may be changes in behaviour, appearance, attendance, attainment or engagement. School staff do not act as mental health experts but endeavour to facilitate a process to approach referrals, when needed.*





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### Links to mental health and Ofsted criteria

The inclusion of new criteria for assessing schools' provision for mental health, set out in the Ofsted framework from September 2015, requires Ofsted inspectors to routinely assess and report on pupils' mental health and emotional wellbeing, or the steps taken by schools to meet pupils' needs. The Ofsted inspection framework is clear that schools have a duty to promote the wellbeing of their pupils and can expect support from local partners to meet it.

The range of activities required by Ofsted fall under four main headings:

- 1 Developing a whole school approach to emotional and mental health needs

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- 2 Quantifying the level of behavioural and emotional difficulties in the school so that effective measures can be put in place to support young people and improve behaviour;

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- 3 Using existing structures and staff within the school (e.g. lessons that cover emotional and mental health, school nurses etc.) to promote the emotional and mental wellbeing of the school, and provide additional support for young people with behaviour and emotional difficulties; and

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- 4 Commissioning external support services for the school e.g. other agencies such as the local child and adolescent mental health service (CAMHS) or voluntary sector organisations, to provide additional targeted support and interventions

[https://www.aldham.gov.uk/downloads/file/4704/the\\_graduated\\_response](https://www.aldham.gov.uk/downloads/file/4704/the_graduated_response)



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A graduated response helps to recognise if children require selected or targeted support to meet their emotional health and wellbeing needs, in addition to the universal support already delivered by the school. It aims to help the school implement a clear, holistic and joined up approach, which will ensure timely and appropriate intervention.

As set out in Chapter 6 of the statutory SEND 0-25 years Code of Practice 2015, Christ Church will be alert to how mental health problems can underpin behaviour issues in order to support pupils effectively, working with external support and agencies, where needed. Christ Church also are aware of their duties under the Equality Act 2010, recognising that some mental health issues will meet the definition of disability.

When schools suspect a pupil has a mental health problem, the graduated response process (assess - plan - do - review) will provide support to be given to the pupil in need.

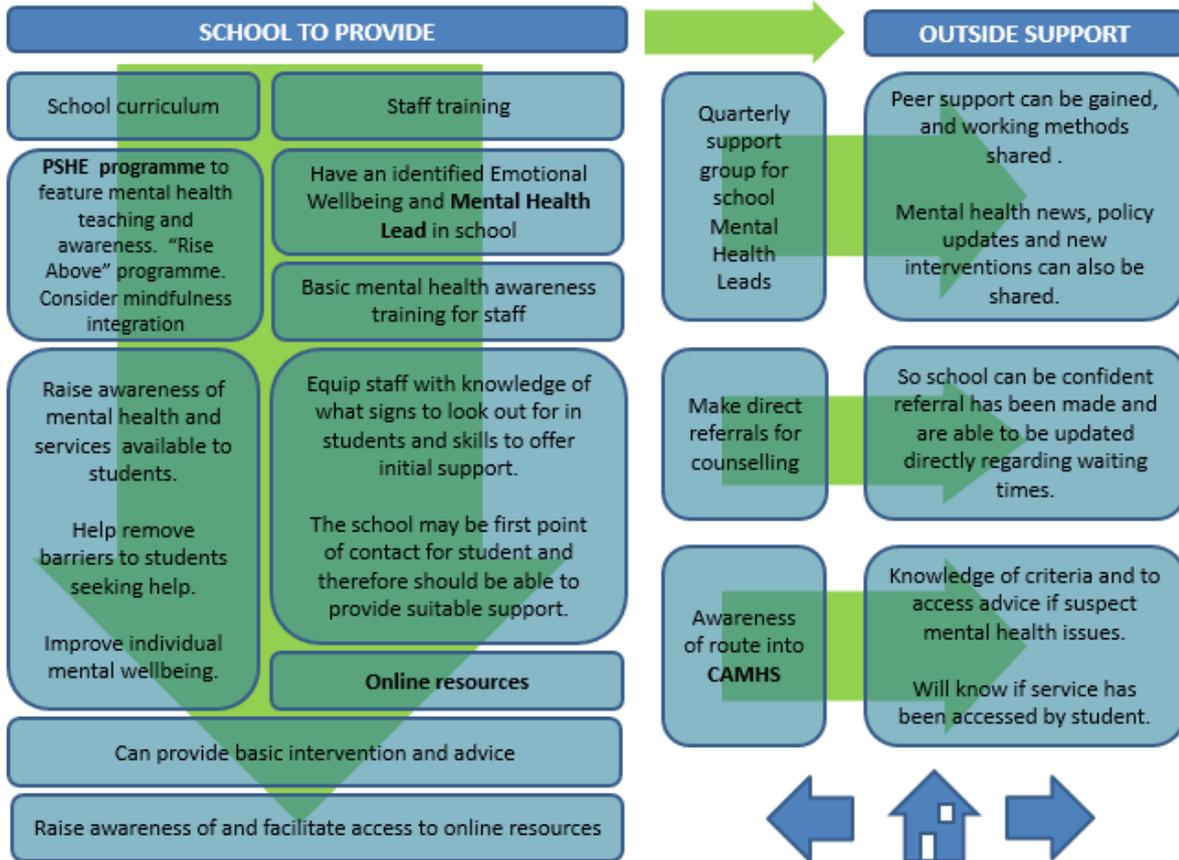
Christ Church aim to identify and measure the process by using the following documentation:

- [send-quality-first-teaching-toolkit](#)
- [Graduated Response SEN document](#)
- [Walsall Graduated Approach to SEND Guidance and Banding Document](#)
- [Boxall Profile](#)
- [Emotional Wellbeing and Behaviour Pathway Tools](#)
- [Developing pupils emotional awareness, understanding and self-regulation](#)
- [69932 Getting it Right for SEND Guidance and Banding Document](#)



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*Emotional Wellbeing and Behaviour Pathway in Schools updated 0919*



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### **Prevention:**

Christ Church create a safe and calm environment where mental health problems are less likely, and improve the mental health and wellbeing of the whole school population, and equip pupils to be resilient so that they can manage the normal stress of life effectively. This includes teaching pupils about mental wellbeing through the curriculum and reinforcing this teaching through school activities and ethos;

### **Identification:**

Christ Church recognise emerging issues as early and accurately as possible;

### **Early support:**

Christ Church help pupils to access evidence based early support and interventions; and

### **Access to specialist support:**

Christ Church work effectively with external agencies to provide swift access or referrals to specialist support and treatment.



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### **Universal Support:**

Christ Church make adjustments to the needs of the pupils when they become apparent. This could be from a conversation with the child/parent, an observation made by a member of staff or from a series of similar, related reports made on cpams record. Christ Church assess, organise and provide interventions when adjustments are needed. Christ Church ensure support is accessible to all children, delivered at a whole-school level through daily check-ins.



### **Selected Support - Stage 1:**

Christ Church support by using interventions delivered using the resources, led by staff members (class teachers and teaching assistants). All interventions are reviewed and monitored by the school SENDCo.

### **Selected Support - Stage 2:**

Christ Church continue with Stage 1, but include the support of an external professional through consultation. This process is obtained through discussion(s) made with the class teacher and SENDCo. This consultation process is authorised by member(s) of the Senior Leadership Team (SLT).

### **Targeted Support:**

Christ Church support children with interventions who have more complex and enduring emotional or mental health needs who generally require some level of involvement from an appropriately qualified professional in addition to ongoing adjustment, intervention and support delivered from Christ Church's resources.



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## Appendices

Christ Church use a range of interventions and information:

Mindfulness

Nurture Group

Cosmic Yoga

iMoves <https://imoves.com/health-and-mental-wellbeing>

Information, resources and advice:

<https://www.annafreud.org/schools-and-colleges/resources/>

<https://www.minded.org.uk/catalogue/TileView>

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/277593/What\\_works\\_to\\_improve\\_wellbeing.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/277593/What_works_to_improve_wellbeing.pdf)