

Did you know?

- 75% of all meals are freshly prepared.
- 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

<https://shropshirejobs.engageats.co.uk>
Free school meals?

Head Office

Tel: 01743 250250
shire.services@shropshire.gov.uk
www.shropshire.gov.uk/shire-services

The Food Enterprise Centre
Battlefield Enterprise Park
Shrewsbury
SY1 3TG

Follow us on
Facebook
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and Twitter as
'Shropschoolmeal'



Christ Church
CE Primary School

Walsall

Lunch Menu

April 2018 - July 2018



LOCAL **seasonal**
traceable healthy
TASTY free range
SUSTAINABLE **FOOD**

Week



Monday

Pork & Carrot Meatballs
(With freshly-made tomato sauce)
Cheese & Red
Onion Quiche (v)
Quorn Balls (v)
(With freshly-made tomato sauce)
Pasta, Diced Potatoes
Green Beans, Sweetcorn

Ginger & Orange Sponge
with Custard

Tuesday

Selection of Fish
(Including salmon)
Hot Chicken Wraps
Vegetarian Vegetable
Fingers (v)
Jacket Wedges, Noodles
Baked Beans, Peas

Chocolate &
Vanilla Shortbread

Wednesday

Roast Beef
(With Yorkshire pudding & gravy)
Quorn Fillet
(With Yorkshire pudding & gravy) (v)
Roast & Creamed Potatoes
Carrots
Cauliflower
Broccoli

Eve's Pudding & Custard

Thursday

Big Breakfast
(Sausage & bacon)
Linda McCartney
Vegetarian Sausage (v)
Hash Brown
Fresh Bread Wedge
Baked Beans, Tomatoes
Mushrooms

Selection of Cookies

Friday

Pizza
(With a selection of toppings)
Cottage Pie *(With gravy)*
Chips, Pasta
Sweetcorn, Baked Beans

Apple & Oat Brownie

Menu Weeks

16-04-2018
07-05-2018
04-06-2018
25-06-2018
16-07-2018

Week



Monday

Selection of Fish
Beef Pie *(With gravy)*
Vegetable Pie (v)
(With gravy)
Diced Potatoes
Pasta
Peas, Baked Beans

Flapjack

Tuesday

Pork Sausages *(With gravy)*
Pasta Neapolitan (v)
Linda McCartney
Vegetarian Sausage (v)
Jacket Wedges
Wedge of Fresh Bread
Sweetcorn, Broccoli

Iced Sponge & Custard

Wednesday

Roast Chicken *(With gravy)*
Quorn Fillet *(With gravy)* (v)
Roast & Creamed
Potatoes
Carrots
Cauliflower

Vanilla & Chocolate
Cupcakes

Thursday

Beef Bolognaise
Selection of Fish
(Including salmon)
Vegetarian Vegetable
Fingers (v)
Diced Potatoes
Spaghetti, Peas, Baked Beans

Chocolate Sponge
& Chocolate Sauce

Friday

Pizza
(With a selection of toppings)
Marinated Chicken
(Including tikka, bbq, mediterranean)
Chips, Noodles
Sweetcorn
Baked Beans

Selection of Cookies

Menu Weeks

23-04-2018
14-05-2018
11-06-2018
02-07-2018
23-07-2018

Week



Monday

Beef Grill
Pasta Neapolitan (v)
Linda McCartney
Vegetarian Sausage (v)
Potato Wedges
Fresh Bread Wedge
Baked Beans
Broccoli

Assorted Fruit Muffins
(Apple, blueberry & orange)

Tuesday

Chicken Tikka Masala
(With naan bread)
Selection of Fish
Quorn Curry
(With naan bread) (v)
Brown & White Rice
Diced Potatoes
Sweetcorn, Peas

Toffee Cake & Custard

Wednesday

Pork & Bacon Slice
(With gravy)
Cheese & Red
Onion Quiche (v)
Roast & Creamed Potatoes
Carrots
Cauliflower & Broccoli

Selection of Cookies

Thursday

Crispy Chicken *(With bbq sauce)*
Jacket Potato (v)
(With cheese or marinated chicken)
Quorn *(With bbq sauce)* (v)
Noodles, Pasta
Baked Beans, Sweetcorn

Vanilla Iced Sponge
& Custard

Friday

Pizza
(With a selection of toppings)
Italian Pasta (v)
Chips, Pasta
Peas, Baked Beans

Fruity Friday
Fresh Fruit Salad
Fruit Platter
Fruit Jelly
Yoghurt

Menu Weeks

30-04-2018
21-05-2018
18-06-2018
09-07-2018